



# **Grappling 2016**

# **Hungarian Championship**

G4 Grappling League 2015-2016 4<sup>th</sup> Round

**February 13, 2016**

**Sportcastle of Pestszentimre**  
1188 Budapest, Kisfaludy street 33/C

[www.globalgrappling.com](http://www.globalgrappling.com)





# Grapppling 2016

## Hungarian Championship

G4 Grappling League 2015-2016 4<sup>th</sup> Round

### February 13, 2016

## Announcement of Competition

- Rules:** Restricted (invitation only) championship on six tatami, based on the Global Grappling Rules and Regulations
- Organizers:** Gábor Kovács Chief Referee, László Berkes Championship Director
- Venue:** Sportcastle of Pestszentimre, 1188 Budapest, Kisfaludy street 33/C
- Date:** **February 13, 2016 Saturday**  
8:00 a.m. Weighing, 10:00 Opening
- Events:** 1<sup>st</sup> Gi Grappling, 2<sup>nd</sup> Gi Open, 3<sup>rd</sup> NoGi Grappling, 4<sup>th</sup> Combat Grappling and Gloved Combat
- Categories:** Adult Man: Beginner and Advanced, all others uniformly Advanced
- Entry fee:** From Junior up - 4.500 HUF, below that 3.000 HUF.  
1.500 HUF discount per person from the second entry!  
Open is free!
- Entry deadline:** February 10, 2016 (Wednesday) 12:00 (e-mail & bank transfer **arrival**).
- Awards:** Medal to the first 3 position, diploma to the first 4th position.  
Open Man 1,2: 100 EUR, Open Woman 50 EUR to the winner + Cup to the I.,II.,III (2x) position.
- Special Awards:** Three Special Awards provided by the International Jiu-Jitsu Alliance to the Best Junior / Woman / Man competitor
- Information:** +3630/206-7078 [www.globalgrappling.com](http://www.globalgrappling.com)

Global Grappling organizes the grappling competitions of the Hungarian Grappling and MMA Federation.

Budapest, January 1, 2016.

László Berkes Championship Director



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### Age Groups and Weight Categories for Girls and Women

Age Groups	Year of Birth	Weight (kg.)
MA: Manó (Tiny)	2008, 2009	18, 21, 24, 27, 30, 33, 36, 36+
G1: Gyermek 1 (Child 1)	2006, 2007	20, 24, 28, 32, 36, 40, 44, 44+
G2: Gyermek 2 (Child 2)	2004, 2005	24, 28, 32, 36, 40, 44, 48, 48+
I1: Ifjúsági 1 (Juvenile 1)	2002, 2003	30, 35, 40, 45, 50, 55, 60, 60+
I2: Ifjúsági 2 (Juvenile 2)	2000, 2001	35, 40, 45, 50, 55, 60, 65, 65+
JU: Junior	1997 - 1999	45, 50, 55, 60, 65, 70, 75, 75+
FE: Felnőtt (Adult)	1985 - 1996	50, 55, 60, 65, 70, 75, 80, 80+
MS: Master	1980 - 1984	
S1: Senior 1	1975 - 1979	
S2: Senior 2	1970 - 1974	
... S9: Senior 9	- 1939	

### Age Groups and Weight Categories for Boys and Men

Age Groups	Year of Birth	Weight (kg.)
MA: Manó (Tiny)	2008, 2009	21, 24, 27, 30, 33, 36, 39, 42, 45, 45+
G1: Gyermek 1 (Child 1)	2006, 2007	24, 28, 32, 36, 40, 44, 48, 52, 56, 56+
G2: Gyermek 2 (Child 1)	2004, 2005	28, 32, 36, 40, 44, 48, 52, 56, 60, 60+
I1: Ifjúsági 1 (Juvenile 1)	2002, 2003	35, 40, 45, 50, 55, 60, 65, 70, 75, 75+
I2: Ifjúsági 2 (Juvenile 1)	2000, 2001	45, 50, 55, 60, 65, 70, 75, 80, 85, 85+
JU: Junior	1997 - 1999	55, 60, 65, 70, 75, 80, 85, 90, 95, 95+
FE: Felnőtt (Adult)	1985 - 1996	65, 70, 75, 80, 85, 90, 95, 100, 105, 105+
MS: Master	1980 - 1984	
S1: Senior 1	1975 - 1979	
S2: Senior 2	1970 - 1974	
... S9: Senior 9	- 1939	

### Age Groups and Weight Categories for Gi Open

Age Groups	Year of Birth	Weight (kg.)
FE: Felnőtt (Adult)	1965 - 1999	Men 80, 80+ kg, Women Absolute

## Conditions of Entry

- A filled entry is a consent of agreement on the conditions of entry.
- To enter, the competitor must have an “Allowed to Compete” medical certification not older than 1 year old.
- Competitors must have a **sport insurance policy** valid for the Championship.
- The former two conditions shall not be supervised, but the Coach of the team must certify these in his written statement.
- Everybody competes in her respective age group. Seniors may enter lower Senior, Master and Adult category. Masters may enter the Adult category. Any categories lower than Adult, may enter a one higher age group than their respective age group.
- **Sex:** Boys must enter boys’ competition, girls may enter girls’ and boys’ competition.
- **Weight conditions** of entry: Any competitor may enter only that weigh category of which’s upper bound shall not exceed the **reference weight** of the competitor.
- Any competitor unable to comply with the conditions shall be scratched.
- Combat, Cage Grappling, Gloved Combat and Open categories may be entered by only over 16 up to 50 years old competitors (*date of birth between 1965-1999*)!
- In **Open Category** only those competitors may enter, who have a valid entry in their respective weigh category. No one over 80 kg reference weigh shall enter Open1 competition.
- One competitor only in one Open category can enter.

## B (Beginner) League

- Amongst the Men Age groups a B (Beginner) League has been introduced.
- **Rules are the same**, only the participants differ, A League consist of Advanced competitors, B League consist of Beginners.
- No competitors in B League shall receive ranking points.
- In the four event Beginner-Advanced Categories are separate.
- Any competitor falling under the following conditions must compete in the A League: He or she has blue belt or higher degree in Brazilian or Traditional Ju Jitsu or has Master Degree in any Martial Art.
- Any B league competitor must transfer to A League (and shall not be eligible for the B League in the future) who falls under any of the following conditions: He or she has won 12 matches in the B League or two referees in two separate matches suggests his transfer or reaches blue belt in Brazilian or Traditional Ju Jitsu or reaches Master Degree in any Martial Arts.

## Deadlines

- February 10, 2015. Wednesday 12:00. Deadline of the entry.
- February 11, 2015. Thursday 10:00. Preliminary grouping published.
- February 11, 2015. Thursday 22:00. Deadline to request amendment and reclassification.
- February 12, 2015. Friday 16:00. Publication of the final grouping (by draw).
- February 10, 2015. Friday 16:00. Deadline of request for withdrawal.

## Rules of Entry

- Website: [www.globalgrappling.hu](http://www.globalgrappling.hu), e-mail address: [nevezes \[at\] globalgrappling.hu](mailto:nevezes@globalgrappling.hu)  
Bank account No.: **51700100-10029730** (Global Grappling Association)
- The prescribed form (Page 7) must be sent to the prescribed e-mail address.
- Entry fee must be transferred to the bank until at least **February 10 2016, 12:00**.
- **No one may be allowed to enter the Championship on-the-spot, no delayed entry shall be accepted.** Only those entries shall be accepted that are received by the Championship Director within the above-mentioned deadline.
- Any weight categories must be specified at the entry, however, a competitor may add further entry to her previous entry and may modify her previous entry.
- Any person transferring later than Wednesday must e-mail the receipt of the transfer!

## Amendment, Reclassification, Withdrawal

- Any amendment may be accepted Thursday at the latest, sent to the e-mail address.
- Amendment and reclassification may be applied for only to those categories, that of the competitor meets the respective conditions, the category has prior entry and the amending competitor has not entered yet.
- Amending entry is aimed at raising the numbers of the existing categories. New competitor may not amend, new category may not be formed by amendment. Amendment must be filed on the proper form as new entry.
- Reclassification may be requested for a competitor solo in her category. The aim of the reclassification is to reduce the numbers of the one-person (solo) categories. Example for reclassification request: *„I hereby request the reclassification of Áron Csillag of Kiskőrösi Budo SE. from Gi Grappling Adult 75 kg. Category to Gi Grappling Adult 80 kg. Category”*. Any request may be granted only if the amendment or reclassification shall not result in solo category.
- Withdrawal may be (but not must be) requested for the one-club categories on Friday. Entry fee shall be included for the following Championship. Example for the Withdrawal Request: *„I hereby request the withdrawal of Gi Grappling Adult 75 kg. Category”*.

## Clothing, hygiene

- NoGi clothing: short or long-sleeve rashguard and short or long grappling trousers. The red contestant shall wear a red ribbon attached to her ankle. *(The armpit must be covered, tank top, wrestling dress, and uncovered upper body are not appropriate.)*
- Gi clothing: clean ju jitsu training suit (coat, belt, pants). Must not be sleazy. The trousers or sleeves may not be rolled up. The red contestant shall wear red belt. Under the coat a fitting T-shirt may be worn. The space between your wrist and the sleeve can be maximum 5cm while both arms are strait forward. The same for the pants; 5 cm is the maximum space allowed between your ankle and the bottom of your pants.
- During the Gi Grappling and Combat Grappling event Gi clothing is usable.
- During NoGi Grappling event NoGi clothing is usable.
- During Gloved Combat, both types of clothing may be used.
- The following items may not be worn: jewelry, body piercing, hair-slide. The long hair must be tied up. Nails must be cut short, any wounds must be covered. No smoking!

## Protective Gear

- Any competitors in Combat Grappling and Gloved Combat must wear protective gear: mouthpiece, groin protection, foot and shin protection, breast protection for women.
- A 10 ounce Glove must be used in Gloved Combat. The glove must have balanced stuffing and be intact. The string must be taped.
- Teeth, groin, ear and joint protection without metal insertion may be used in every event.
- No bandage may be used on the hands in Gi, NoGi and Combat Grappling events.
- No shoes may be used in any event (wrestling shoes are excluded, too)!

## Arrangement

- Championship is restricted (invitation only) but we may invite any clubs applying before the deadline. General admission is free of charge!
- This championship is the Second Round of G4 Grappling League 2015-2016 Season.
- The tatami is 6 x 6 meter, peripheral 1 meter is red. There is one meter green safety zone. The periphery of the tatami is the periphery of the red carpet.
- Any group consisting of one person is valid: if the competitor is called, she must enter and receive the medal.
- Order of events: 1<sup>st</sup> Gi, 2<sup>nd</sup> Open, 3<sup>rd</sup> NoGi, 4<sup>th</sup> Combat Grappling and Gloved Combat.
- Weighing starts at 08:00 (a.m.) and must be closed at the closure of the registration. There is no weighing between 09:45 and 11:00 (a.m.)! Test weighing may be performed. **Reference weigh** must be calculated from the weigh measured, deducing the decimals and accounting the weigh compensation.
- **Weigh compensation:** If girls compete in the boys group, they receive 3 kg. weigh compensation. Same rule applies for the competitors competing in a higher age group. These two compensation may be added and applies to the specific entry.
- Cameras and video cameras are allowed.
- **Arrangement:** Return match system, where the opponents of the finalists, beaten in the semi-final, shall contest for the bronze. One bronze medal shall be awarded (in Open: two), the winner of the return match shall receive the bronze medal. In the Open event no bronze match shall be held, both competitors receive III. place.
- Those competitors of A league that have won in their respective category at least for two times, shall receive ranking points: I. place: 7 points, II. place: 4 points, III. place: 2 points, IV. place: 1 point, no ranking: 0,5 point.

## Responsibility

- Each competitor takes part in the Championship **at his/her own risk and responsibility**.
- The proper clothing of the competitors shall be provided by the competitors themselves.
- Organizers shall not take responsibility for any valuable items of the competitors.
- Organizers retain the right to modification!
- For any incorrect entry the team leader shall take full responsibility.
- Any competitor who enters two categories of the same event, shall accept that she may not receive proper rest period between two matches. The same applies to the competitors of both Combat Grappling and Gloved Combat.

## Entry form (schema)

Entry for the **Grappling 2015 Hungarian Championship**

Club name: Kiskőrösi Budo SE.

1. No	2. Name	3. Date of Birth	4. Age Group	5. Prior Weight	6. Gi	7. NoGi	8. Combat	9. Gloved Combat	10. Gi Open	11. 1.500 Ft pcs.	12. 3.000 Ft pcs.	13. 4.500 Ft pcs.
1.	Sára Helyes	1989.06.21	FE	53	FE/55/L				ON			1
2.	Lajos Kis	1998.02.22	JU	62			JU/65	JU/65			1	1
3.	Éva Szép	2006.08.18	G1	30	G1/32/L	G1/32/L				1	1	
					G1/32						1	
4.	Sándor Nagy	1973.10.10	S2	89		S2/90			O2			1
						MS/90						1
5.	Áron Csillag	1993.04.14	FE	73	FE/75		FE/75		O1		1	1
6.	Béla Kezdő	1986.12.06	FE	69	FE/70/B			FE/70/B			1	1
									3	1	5	6

Date: November 25, 2015

Coach: Péter Fekete

## Manual for the Form

### General Rules:

1. **No.:** One competitor shall be entered into one row, generally. If in one event, the competitor wants to enter more category, we may use further rows; in that case only those rows necessary shall be filled out. One cell may contain only one entry! Number shall be entered to the next competitor only.
2. **Name:** Must be accurate, since it will be written on the award and the records!
3. **Date of Birth:** Date of Birth in **YY.MM.DD** form.
4. **Age group:** Possible entries: MA, G1, G2, I1, I2, JU, FE, MS, S1-S9. (See page 2. oldal) Based on the date of birth: **MANó** (Tiny), **Gyermek1** (Child 1), **Gyermek2** (Child 2), **Ifjúsági1** (Juvenile 1), **Ifjúsági2** (Juvenile 2), **JUnior**, **FElnőtt** (Adult), **MaSter**, **Senior 1, 2, ... 9**.
5. **Prior Weight:** Prior weight in kg (no decimals).
6. **Gi:** One must fill out this column, if the competitor enters the Gi Grappling event. Based on the age and weight categories, the **proper category according to the announcement** must be entered. Examples: **G1/30**, **I1/41**, **JU/55**, **FE/75**, **S2/85**. A competitor in the same age group may enter higher weigh group, too, or other age group, but no entries into lower weigh group shall be accepted. The same rules apply for the girls, only the sex must be clearly written (example: after the entry/L as Leány – Girl). If the adult man enters the B (Beginner) League, the /B shall be written in the proper cell.
- 7.-9. **NoGi, Combat, Gloved Combat:** Same rules apply as for the Gi.
10. **Gi Open:** ON= Women, O1 = Man -80 kg, O2 = Man 80+ kg
11. **1.500 Ft/entry:** In columns 6-9 any competitor below Junior, the numbers of second, third entries (Not counting the Open event, which is free of charge).
12. **3.000 Ft/entry:** In columns 6-9 number of the frist entries (competitor below Junior), the number of second, third entries (from Junior Age Group).
13. **4.500 Ft/entry:** In columns 6-9 any competitor from Junior Age Group, the numbers of first entries.

Empty rows may be deleted, new rows may be inserted to the chart.

## Transfer Example

Name: Global Grappling Association  
Bank account No.: 51700100-10029730  
Amount: 46.500 HUF  
Announcement: Grappling 2016 Hungarian Championship  
Kiskőrösi Budo SE. 16 pcs. entry fee

Any transfers initiated before 14:00 shall be received on the same day. Any transfer initiated after that shall be received on the following day. Thus, anyone who transfers the fee on Wednesday (February 10, 2016) or after, shall send the receipt as well.

### Events Description (Excerpt from the Rule Book)

The match starts with stand in each event.

#### Time (1<sup>st</sup> round):

<b>Gi and NoGi:</b>	Manó (Tiny)	2 mins,	Gyermek1-2 (Child)	3 mins,
	Ifjúsági1-2 (Juvenile)	4 mins,	Junior	5 mins,
	Felnőtt (Adult)	6 mins,	Master, Senior1	5 mins,
	Senior2-3	4 mins,	Senior4-5	3 mins,
	Senior6-9	2 mins		
<b>Combat:</b>	Junior	3 mins,	Felnőtt (Adult)	4 mins,
	Master, Senior1	3 mins,	Senior2-3	2 mins
<b>Gloved:</b>	Junior	2 mins,	Felnőtt (Adult)	3 mins,
	Master, Senior1-3	2 mins		
<b>Gi Open:</b>	8 mins			

**Fact of Winning:** The contest **may be won** by surrender, judging by points, technical knockout, or if one contestant is unable to continue the match. For example is one contestant is unable to fight (falls asleep, goes unconscious, or in Combat Grappling or Gloved Combat he is unable to continue after a hard hit/kick [combination], or the referee stops the match. The match may not end in a tie. Surrender may be shown by hand, leg or voice. The contestant must refrain from signs that can be interpreted as sign of surrender.

**Overtime:** Provided there was no surrender, technical knockout and the points are tied, overtime comes. Before overtime, the referee must name the **beneficiary**, who shall win, if the overtime ends in tie, too. Beneficiary shall be the contestant, who received higher points, or who is named by the lead referee. Overtime is 1 or 2 minute in Combat Grappling and Gloved Combat, in all other events, the half of the first round.

**Hit and kick:** In Gi and NoGi is forbidden, in **Combat Grappling** and **Gloved Combat** is allowed with the following restrictions:

- Hits and kicks must be controlled.
- No hits or kicks to spine, knee or groin.
- No hit by the elbow, no hammer-blow to the head.
- Kicks are allowed only if both contestant stands. Only exception is the knee-kick to body, which you can use on the ground as well.



## Events Description (Excerpt from the Rule Book)

- Head or neck kick is allowed only with roundhouse kick. Kicking surface must be covered by protective gear or may be the foot, never the heel.
- Head and neck may be hit only in gloves. When in gloves, the face, the area in front of the ears from forehead to chin may be attacked.

**Shortening:** If no activity or effort to technique is shown, the lead referee may order a 10 second shortening. If no activity is shown during the 10 seconds shortening, the contestant(s) shall be warned and the match continues in a standing.

**Restrictions by Age Groups: Choking, Stretching, Kidney Catch, Folding and Jumping Techniques** (e.g. flying armbar) is allowed from up Junior age groups. No points shall be awarded, but they may result in knocking down (TAP).

Under the Junior age group, the following restrictions shall apply:

- **Manó (Tiny)** age group – none of the above techniques may be applied.
- **Gyermek 1 (Child 1)** age group – arm stretching is allowed, after 3 seconds, the referee shall stop the match, even lacking the knocking down. Up from **Gyermek 2 (Child 2)** age group only knock down shall stop the stretching.
- **Ifjúsági 1 (Juvenile 1)** age group – choking is allowed. Triangle on the neck is choking, thus only allowed from this age group.
- **Ifjúsági 2 (Juvenile 1)** age group – leg stretch is allowed from this age group. Global Grappling allows only straight leg stretch, no twisting.
- **Manó (Tiny)** and **Gyermek 1-2 (Child 1-2)** age groups – Folding is not allowed. This also means that in standing position, upper grip may be followed only pulling, no pushing!

### Further forbidden techniques:

- Throwing the opponent to the ground after lifting her/him up (SLAMMING), throwing the opponent to her neck or head.
- Grabbing, pressing the throat, groin.
- Grabbing the skin, biting, stinging, scratching, pulling the opponent's hair, head-butting.
- Stretching, twisting the fingers or toes, stretching the wrist, opening the knee or elbow joint.
- Stretching the spine (e.g. *pushing the head to the chest, can-opener, stretching the spine back etc.*).
- Sudden pull of the choking or stretching (*time must be given to TAP*).
- Put the hand into the opponents face (*eye, nose, mouth*), covering the opponent's mouth or nose, tearing the ear.
- Stretching the leg or hand with a twist, groveling. After a full revolution the further turn shall be counted as groveling.

### Scoring:

Points may be awarded for actions and reactions (*to the executing contestant*), or for penalty (*to the opponent*).

- **Action points** – 1 to 4 points may be awarded, as detailed below.
- **Reaction Point** – 1 point may be awarded, if **with our active participation** we break free of a control position, grounding, for which our opponent has been awarded with at least one point.
- **Penalty point** shall be awarded, if our contestant shall be punished.

## Events Description (Excerpt from the Rule Book)

### A. Action point may be awarded for **throw and grounding**:

- The grounding does not necessarily results in point. Only those groundings shall be awarded by action point, where there is an originator, active contestant, the grounding is intentional and successful.
- Clear, arched throw: 3 or 4 points.
- Grounding with a recognizable throwing technique: 2 point. If one contestant goes on the ground (sits, lies down etc.) without clinging together, the opponent shall receive 2 points.
- All other (even partial) grounding, even if the opponent jumps into guard: 1 point. Contact, grip and upper position at the end of the grounding is necessary.

### B. Action point may be awarded for acquiring **control position** (*full control*):

- The referee shall award the point after appr. 3 seconds.
- Side control position: 2 point.
- Mount position: 3 points.
- Back mount position: 4 points.
- For acquiring the control position, the opponent does not necessarily have to lie on the ground, for example 4 points control position may be awarded if the opponent is frog position or sits in the other contestant's lap.
- Double mill is not scored, thus from a 2, 3, 4 points technique only one may be awarded with points, until the opponent obtains points or the match resumes in standing position.

### C. Action points shall be awarded for maintaining the control position on the ground (force down - immobilization).

- Force down is reached if the contestant holding the position is in upper position, the opponent lies on her back, chests in contact. Both legs of the contestant forcing down shall touch the ground and no legs of hers may be in grip.
- For holding the position 1 point is awarded for every 10 or 5 seconds. 5 seconds applied in Manó (Tiny), Gyermek (Child), Ifjúsági (Juvenile) age groups, 10 seconds apply in Junior, Felnőtt (Adult) and Senior age groups.
- The lead referee shall signal the holding the position and the display shall show the time of the force down.
- If four points has been reached, force down is over, the match shall resume in middle standing position.

### D. Action point are awarded for the **hits and kicks**..:

- In **Gloved Combat** event the timer is stopped at the end of each minute. The lead referee shall give points for the hit and kick performance of both contestants between 0 and four points. Contest shall resume in standing position.
- In Combat Grappling event the fight is continuous, doesn't stop in every minute. The scoring referee gives for both competitors from 0 to 4 scores for the kicking and hitting movements in that minute.

### E. In overtime the points are continuously given.

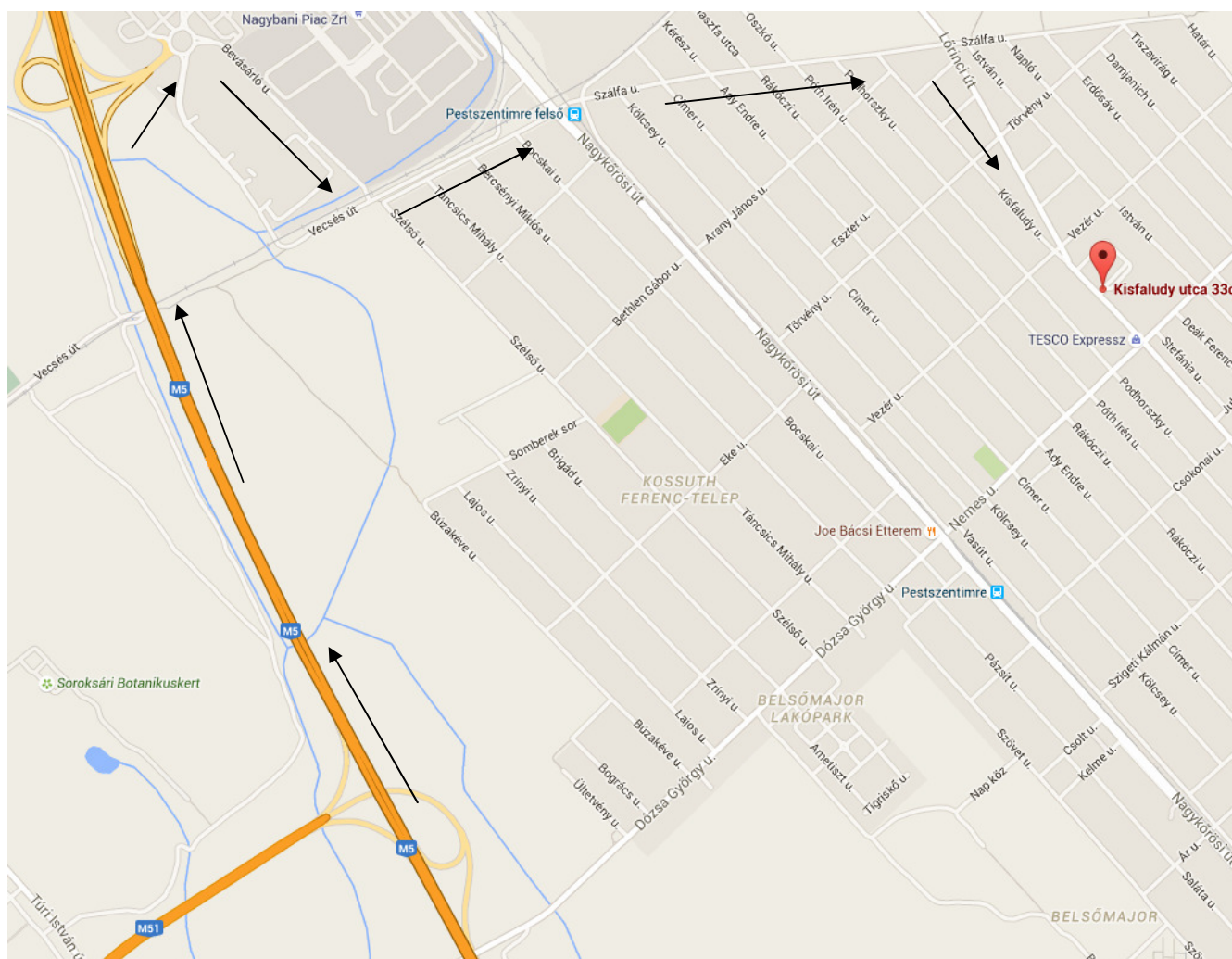
## Events Description (Excerpt from the Rule Book)

**Penalty:** Penalty may be given for passivity, fleeing, mocking or interrupted contest, indecent behavior, violation of the rules. Penalty shall be awarded gradually, the contestant must be informed of the grades of penalty.

- The match is stopped by the referee (even after the action) and informs the contestant the reasons for warning or punishing.
- 1. occasion: **warning** (*no point awarded to the opponent*).
- For the same violation, 2. occasion: warning or **penalty** (*in latter case, 1 point to the opponent*).
- Further occasions: penalty (2 points awarded to the opponent) or **technical knockout**.
- Immediate technical knockout is possible!
- **Action-compulsion:** The continuously fending, escaping competitor who is not willing to fight first get warned than gets penalty. (*this is one of the goals of Global Grappling, see at A.4*) For fending or escaping it is not necessary for the opponent to 'run away' it also can be the sitting opponent while the opponents continuously attacks

## Map

Venue of the Championship:  
Sportcastle of Pestszentimre 1188 Budapest, Kisfaludy street 33/C





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