



18th Training Competition

**Gi, NoGi, Combat Grappling and Gloved Combat events,
based on the Global Grappling Rules and Regulations**

**23 May, 2015 (Saturday)
in the Kossuth Lajos Primary School's Gym
(6230, Soltvadkert Bocskai street 2.)**

Registration fee: 1.000 HUF, each participant will receive a diploma.
Beginning at 9 o'clock, scheduled to end at 14 o'clock.

Age Groups (proposal):

Tiny (Manó):	Year of birth: 2007, 2008
Child 1 (Gyermek 1):	Year of birth: 2005, 2006
Child 2 (Gyermek 2):	Year of birth: 2003, 2004
Juvenile 1 (Ifjúsági 1):	Year of birth: 2001, 2002
Juvenile 2 (Ifjúsági 2):	Year of birth: 1999, 2000
Junior:	Year of birth: 1996, 1998
Adult (Felnőtt):	Year of birth: 1984 - 1995
Master:	Year of birth: 1979 - 1983
Senior:	Year of birth: 1978 and before

Registration and prior notification is not required, "only" to appear on the spot.
For more information, contact Laszlo Berkes (30 / 2067-078). The proper clothing
and protective equipment shall be provided by the competitors themselves.

www.globalgrappling.com

We offer good preparation!